



## FITNESS TO TRAVEL

Journey Beyond Rail Expeditions seeks to ensure that its guests are able to experience unique areas of Australia. This means Journey Beyond Rail Expeditions travels to areas that may not have the infrastructure support that may generally be found in urban areas. We routinely venture off train in remote areas, which means activities like climbing steep stairs, and walking on uneven surfaces are common. This can mean that guests with fitness and/or mobility issues are unable to experience some aspects of our journeys and in some instances may not be able to journey at all.

At Journey Beyond Rail Expeditions, your safety and comfort is important to us. We therefore require that should you have any special needs you inform us in advance. Should you fail to advise us in advance, we may not be able to accommodate you.

Guests who have difficulties with mobility may find Journey Beyond Rail Expeditions' carriages unsuitable for their needs. There are also some medical conditions that may restrict travel.

If your fitness to travel may be in doubt as a result of recent illness, surgery, injury, medical treatment or an existing medical condition which may require treatment or assistance onboard (including but not limited to additional oxygen, wheelchairs, assistance to use the bathrooms, assistance to get in or out of bed, medication administered via a needle other than well-managed diabetes) you must:

- Provide Journey Beyond Rail Expeditions with an up-to-date medical certificate from your doctor no later than 14 days prior to departure certifying you are fit to travel.
- Be accompanied by another guest who is able to provide you with all appropriate assistance you may need themselves.
- You may not be able to travel (and, subject only to any Non-Excludable Terms, no refund or compensation shall be paid to you) if you have not provided the applicable medical certificate and/or are not accompanied by a suitable guest.

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Guest Name: \_\_\_\_\_

Guest Mobile / Email Contact: \_\_\_\_\_

Booking Reference Number:

Travel Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ FROM: \_\_\_\_\_ TO: \_\_\_\_\_

Service Level (Please tick) Platinum  Gold  The Overland Red Premium  The Overland Red Standard

Cabin Type: \_\_\_\_\_

### 1. Wheelchair or walker use:

Do you use a walker or wheelchair to assist with your mobility? YES  NO  (Please tick)

### 2. Wheelchair or walker for check-in:

If you have ticked YES above, please advise the height, width, length and weight of the mobility aid you wish to check in. You can also provide further specifications if applicable in the *Other Information* section on Page 2.

Wheelchair: Height \_\_\_\_\_ cms. Width \_\_\_\_\_ cms. Length \_\_\_\_\_ cms. Weight \_\_\_\_\_ kgs.

Walker: Height \_\_\_\_\_ cms. Width \_\_\_\_\_ cms. Length \_\_\_\_\_ cms. Weight \_\_\_\_\_ kgs.

### 3. Onboard Push Chair

Due to the architecture of our rail carriages, mobility aids such as walkers and most wheelchairs are unable to be used onboard and must be checked in. Journey Beyond Rail Expeditions can provide a specialised onboard pushchair, which can be pushed by your accompanying fully-mobile carer.

Would you like us to provide one of these for you onboard? YES  NO  (Please tick)

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## 4. Able to climb stairs/steps:

At some terminals to board and alight from the train guests must walk up steps rather than the train doorways being level with the platform. Additionally, some of our Off Train Excursions require guests to be able to step into coaches or small buses.

Are you able to walk up and down steps unaided? YES  NO  (Please tick)

## 5. Able to use facilities unaided:

Our team are dedicated to your comfort onboard, but for health and safety reasons are unable to fulfil the functions of a primary carer.

Please indicate whether you are able to use on-board facilities unaided: YES  NO  (Please tick)

## 6. Travelling with Carer:

If you ticked NO in question 5, please advise the name of the carer who will be travelling with you. If they are on a separate booking, please also list the booking reference number:

Carer Name: \_\_\_\_\_

Carer Booking Reference:

## 7. Oxygen Tanks/Sleep Apnea Machine:

Will you be bringing Oxygen Tanks/Sleep Apnea machine with you onboard? YES  NO  (Please tick)

If you answered YES, please advise the approximate dimensions of any trolley that your oxygen tanks sit in (measurements should be taken with tanks attached):

Height \_\_\_\_\_ cms. Width \_\_\_\_\_ cms. Length \_\_\_\_\_ cms. Weight \_\_\_\_\_ kgs.

**Please note:** It is recommended if bringing a Sleep Apnea machine that a surge arrester is also packed.

## 8. Prescription Medicines:

Will you be carrying Prescription Medicines with you onboard? YES  NO  (Please tick)

Please list details below including whether any of these need to be refrigerated:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## 9. Sharps Container for Hypodermic Needles

If administering medication requires the use of a hypodermic needle, a specialised sharps container must be used for safe disposal.

Would you like us to supply on for the journey? YES  NO  (Please tick)

## 10. Other important information:

Please provide any other relevant information regarding your fitness and mobility:

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Please complete this form and email to: [sales.enquiries@gsr.com.au](mailto:sales.enquiries@gsr.com.au) (within Australia) or [reservations@gsr.com.au](mailto:reservations@gsr.com.au) (outside Australia) so that it can be applied to your reservation. If further information is required, we will follow this with a telephone call or email.